



MEDICAL EXAMINATION REPORT FOR COMMERCIAL DRIVER FITNESS DETERMINATION

1. DRIVER'S INFORMATION (Driver completes this section).

Driver's Name: Last First Middle Social Security Number Birthdate (MM/DD/YY) Age Sex M F New Certification Recertification Follow Up Date of Exam Work Tel: Home Tel: Address City State Zip Driver License No. License Class A B C D OTHER: State of Issue

2. HEALTH HISTORY (Driver completes this section, but medical examiner is encouraged to discuss with driver).

Yes No Any illness or injury in last 5 years? Head/Brain injuries, disorders or illnesses Seizures, epilepsy Medication: Eye disorders or impaired vision (except corrective lenses) Ear disorders, loss of hearing or balance Heart disease or heart attack; other cardiovascular condition Medication: Heart surgery (valve replacement / bypass, angioplasty, pacemaker) High blood pressure Medication: Muscular disease Shortness of breath Lung Disease, emphysema, asthma, chronic bronchitis Kidney disease, dialysis Liver disease Digestive problems Diabetes or elevated blood sugar controlled by: Diet Pills Insulin Nervous or psychiatric disorders, e.g., severe depression Medication: Loss of, or altered consciousness Fainting, dizziness Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring Stroke or paralysis Missing or impaired hand, arm, foot, leg, finger, toe Spinal injury or disease Chronic low back pain Regular, frequent alcohol use Narcotic or habit forming drug use

For any YES answer, indicate onset date, diagnosis, treating physician's name and address, and any current limitation. List all medications (including over-the-counter medications) used regularly or recently. Additional pages may be added as needed.

I certify that the above information is complete and true. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate.

Driver's Signature: X Date:

Medical Examiners Comments on Health History (The Medical Examiner must review and discuss with the driver any "yes" answers and potential hazards of medications, including over-the-counter medications, while driving).

TESTING (Medical Examiner completes Sections 3 through 7)

3. VISION

Standard: At least 20/40 acuity (Snellen) in each eye with or without correction. At least 70° peripheral in horizontal meridian measured in each eye. The use of corrective lenses should be noted on the Medical Examiner's Certificate.

INSTRUCTIONS: When other than the Snellen chart is used, give test results in Snellen-comparable values. In recording distance vision, use 20 feet as normal. Report visual acuity as a ratio with 20 as numerator and the smallest type read at 20 feet as denominator. If the applicant wears corrective lenses, these should be worn while visual acuity is being tested. If the driver habitually wears contact lenses, or intends to do so while driving, sufficient evidence of good tolerance and adaptation to their use must be obvious, Monocular drivers are not qualified.

Numerical readings must be provided.

Table with 4 columns: ACUITY, UNCORRECTED, CORRECTED, HORIZONTAL FIELD OF VISION. Rows for Right Eye, Left Eye, Both Eyes.

Applicant can recognize and distinguish among traffic control signals and devices showing standard red, green, and amber colors? Yes No

Applicant meets visual acuity requirement only when wearing: Corrective Lenses

Monocular Vision: Yes No

Complete next line only if vision testing is done by an ophthalmologist or optometrist

Date of Exam Name of Ophthalmologist or Optometrist (Print) Tel. No. License No. State of Issue Signature X

#### 4. HEARING

**Standard: a) Must first perceive forced whispered voice  $\geq$  5 ft., with or without hearing aid, or b) average hearing loss in better ear  $\leq$  40 dB.**

Check if hearing aid used for tests.  Check if hearing aid required to meet standard.

**INSTRUCTIONS:** To convert audiometric test results from ISO to ANSI, -14 dB from ISO for 500 Hz, -10 dB for 1,000 Hz, -8.5 dB for 2,000 Hz. To average, add the readings for 3 frequencies tested and divide by 3.

Numerical readings must be recorded.

a) Record distance from individual at which forced whispered voice can first be heard	Right Ear	Left Ear	b) If audiometer is used, record hearing loss in decibels. (acc. to ANSI Z24.5-1951)	RIGHT EAR			LEFT EAR		
				500 Hz	1000 Hz	2000 Hz	500 Hz	1000 Hz	2000 Hz
	Feet	Feet		Average:			Average:		

#### 5. BLOOD PRESSURE / PULSE RATE Numerical readings must be recorded. Medical Examiner should take at least two readings to confirm BP.

Blood Pressure	Systolic	Diastolic	Reading	Category	Expiration Date	Recertification
Driver qualified if $\leq$ 140/90.			140-159/90-99	Stage 1	1 Year	1 year if $\leq$ 140/90. One-time certificate for 3 months if 141-159/91-99.
Pulse Rate: <input type="checkbox"/> Regular <input type="checkbox"/> Irregular			160-179/100-109	Stage 2	One-time certificate for 3 months.	1 year from date of exam if $\leq$ 140/90
Record Pulse Rate:			$\geq$ 180/110	Stage 3	6 Months from date of exam if $\leq$ 140/90	6 months if $\leq$ 140/90

#### 6. LABORATORY AND OTHER TEST FINDINGS (Numerical readings must be recorded).

Urinalysis is required. Protein, blood or sugar in the urine may be an indication for further testing to rule out any underlying medical problem.

URINE SPECIMEN	SP. GR.	PROTEIN	BLOOD	SUGAR
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OTHER TESTING (Describe and record):

#### 7. PHYSICAL EXAMINATION

Height: \_\_\_\_\_ (in.) Weight: \_\_\_\_\_ (lbs.)

The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen or is readily amenable to treatment. Even if a condition does not disqualify a driver, the medical examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible particularly if the condition, if neglected, could result in more serious illness that might affect driving.

Check **YES** if there are any abnormalities. Check **NO** if the body system is normal. Discuss any **YES** answers in detail in the space below, and indicate whether it would affect the driver's ability to operate a commercial motor vehicle safely. Enter applicable item number before each comment. If organic disease is present, note that it has been compensated for. **See Instructions To The Medical Examiner for guidance.**

BODY SYSTEM	CHECK FOR	YES*	NO	BODY SYSTEM	CHECK FOR	YES*	NO
1. General Appearance	Marked overweight, tremor, signs of alcoholism, problem drinking, or drug abuse.			7. Abdomen and Viscera	Enlarged liver, enlarged spleen, masses, bruits, hernia, significant abdominal wall muscle weakness.		
2. Eyes	Pupillary equality, reaction to light, accommodation, ocular motility, ocular muscle imbalance, extraocular movement, nystagmus, exophthalmos. Ask about retinopathy, cataracts, aphakia, glaucoma, macular degeneration and refer to a specialist if appropriate.			8. Vascular system	Abnormal pulse and amplitude, carotid or arterial bruits, varicose veins.		
3. Ears	Scarring of tympanic membrane, occlusion of external canal, perforated eardrums.			9. Genito-urinary system	Hernias.		
4. Mouth and Throat	Irremediable deformities likely to interfere with breathing or swallowing.			10. Extremities - Limb impaired. Driver may be subject to SPE certificate if otherwise qualified	Loss or impairment of leg, foot, toe, arm, hand, finger. Perceptible limp, deformities, atrophy, weakness, paralysis, clubbing, edema, hypotonia. Insufficient grasp and prehension in upper limb to maintain steering wheel grip. Insufficient mobility and strength in lower limb to operate pedals properly.		
5. Heart	Murmurs, extra sounds, enlarged heart, pacemaker, implantable defibrillator.			11. Spine, other musculoskeletal	Previous surgery, deformities, limitation of motion, tenderness.		
6. Lungs and chest, not including breast examination	Abnormal chest wall expansion, abnormal respiratory rate, abnormal breath sound including wheezes or alveolar rales, impaired respiratory function, cyanosis. Abnormal findings on physical exam may require further testing such as pulmonary tests and/or x-ray of chest.			12. Neurological	Impaired equilibrium, coordination or speech pattern; asymmetric deep tendon reflexes, sensory or positional abnormalities, abnormal patellar and Babinski's reflexes, ataxia.		

\*COMMENTS:

**NOTE CERTIFICATION STATUS HERE.** (See Instructions to the Medical Examiner for Guidance).

Meets Standards in 49 CFR 391.41; qualifies for 2 year certificate

Does not meet standards

Meets standards, but periodic monitoring required.

Due to \_\_\_\_\_ driver qualified only for:

3 months  1 year

6 months  Other

Temporarily disqualified due to (condition or medication): \_\_\_\_\_

Return to medical examiner's office for follow up on: \_\_\_\_\_

Medical Examiner's Signature: **X** \_\_\_\_\_

Address:  961 Canal Street, Syracuse, New York 13210

Wearing corrective lenses

Wearing hearing aid

Accompanied by a \_\_\_\_\_ waiver/exemption.

Driver must present exemption at time of certification.

Skill Performance Evaluation (SPE) Certificate

Driving within an exempt intracity zone. (See 49 CFR 391.62)

Qualified by operation of 49 CFR 391.64

Medical Examiner's Name (print): \_\_\_\_\_

Telephone Number: (315) 478-1977

If meets standards, complete a medical examiner's Certificate according to 49 CFR 391.43(h). Driver must carry certificate when operating a commercial vehicle).